## **LGBT OLDER ADULTS AND DEMENTIA**

Age is the greatest risk factor for Alzheimer's disease

An estimated 2.7 million

LGBT people are over age 50

LGBT people have greater health disparities, many of which are risk factors for dementia, including:

- Depression
- Obesity
- Alcohol and tobacco
- Lower rates of preventive screenings
- Cardiovascular disease
- HIV/AIDS



LGBT adults living with dementia face unique challenges in accessing support:

report that their support networks have become smaller over time

lower rates of access to care

Alzheimer's is the most expensive disease in the nation

of LGBT older people report being very concerned about having enough money to live on

Fear of discrimination can delay access to care

health care providers

don't know their sexual orientation





## Sources

- Alzheimer's Association and SAGE, Issues Brief: LGBT and Dementia
- Jason Flatt, Ph.D., MPH, et al. Dementia Prevalence Among Sexual Minority Older Adults. Funder: U.S. National Institute on Aging.
- Hanneke Rhodius-Meester, M.D., et al. Median Survival in Memory Clinic Cohort Is Short, Even in Young Onset Dementia. Funders: Alzheimer Nederland; Stichting Dioraphte.
- Yvonne Leung, Ph.D., et al. 100 Years and Beyond: Investigating the Prevalence of Dementia in Centenarians and Near Centenarians from 17 Population-Based Studies. Funder: The Dementia Momentum Initiative